

Education

2009 MFA—Student of Choreography/Performance Arizona, State University, Department of Dance, Tempe, AZ.

2006 BA—Double Major in Dance: Modern emphasis and Humanities: Art History emphasis. Brigham Young University, Department of Dance and Department of Humanities, Provo, UT.

Academic Appointments

Spring 2016-Present Adjunct Faculty, Dance Program, Visual and Performing Arts Division, Glendale Community College Glendale, AZ.

Spring 2013 Adjunct Faculty, Dance Program, Arts, Communications and Languages, Estrella Mountain Community College Avondale, AZ.

Fall 2010-2016 Adjunct Faculty, Dance Program, Health Physical Education Recreation and Dance, Scottsdale Community College Scottsdale, AZ.

Fall 2009-2015 Faculty Associate, School of Dance, Herberger Institute for Design and the Arts, Arizona State University Tempe, AZ.

Fall 2006-Spring 2009 MFA Teaching Assistantship Department of Dance, Herberger College of Fine Arts Arizona State University Tempe, AZ.

Spring 2006 BFA Teaching Assistant for Dance History Class, Department of Dance, College of Health and Human Performance, Brigham Young University, Department of Dance, Provo, UT.

Teaching and Instructional Activities

Academic Instruction 2006-Present

2020 Fall DAN 100 Introduction to Dance, Glendale Community College, Glendale, AZ.

DAN 134 Ballet 1, Glendale Community College, Glendale, AZ.

2019 Spring DAN 132 Modern 1, Glendale Community College, Glendale, AZ.

DAN 133 Jazz 1, Glendale Community College, Glendale, AZ.

DAN 135 Modern 2, Glendale Community College, Glendale, AZ.

2019 Fall DAN 132 Modern 1, Glendale Community College, Glendale, AZ.

DAN 133 Jazz 1, Glendale Community College, Glendale, AZ.

DAN 135 Modern 2, Glendale Community College, Glendale, AZ.

DAN 136 Jazz 2, Glendale Community College, Glendale, AZ.

2019 Spring DAN 132 Modern 1, Glendale Community College, Glendale, AZ.

DAN 133 Jazz 1, Glendale Community College, Glendale, AZ.
 DAN 135 Modern 2, Glendale Community College, Glendale, AZ.
 DAN 136 Jazz 2, Glendale Community College, Glendale, AZ. .
 2018 Fall DAN 132 Modern 1, Glendale Community College, Glendale, AZ.
 DAN 133 Jazz 1, Glendale Community College, Glendale, AZ.
 DAN 135 Modern 2, Glendale Community College, Glendale, AZ.
 DAN 136 Jazz 2, Glendale Community College, Glendale, AZ. 2017 Fall
 2017 Fall DAN 132 Modern 1, Glendale Community College, Glendale, AZ.
 DAN 133 Jazz 1, Glendale Community College, Glendale, AZ.
 DAN 135 Modern 2, Glendale Community College, Glendale, AZ.
 DAN 136 Jazz 2, Glendale Community College, Glendale, AZ.
 2017 Spring DAN 129 Musical Theatre, Glendale Community College, Glendale, AZ.
 2016 Fall DAH 250 Dance in Popular Culture, Scottsdale Community College, Scottsdale, AZ
 2015 Spring DCE 598 Methods of Teaching Dance, Arizona State University, Tempe, AZ.
 DCE 354 Creative Approaches to Teaching Dance, Arizona State University, Tempe, AZ.
 2014 Fall DAH 210 History of Ballet and Modern Dance, Scottsdale Community College, Scottsdale, AZ.
 2013 Fall DAH 210 History of Ballet and Modern Dance, Scottsdale Community College, Scottsdale, AZ.
 2013 Spring DAH 100 Introduction to Dance, Estrella Mountain Community College, Avondale, AZ.
 DAN 133/136 Modern Jazz I/II, Estrella Mountain Community College, Avondale, AZ.
 DAN 293 Teaching Dance in Elementary Education, Scottsdale Community College, Scottsdale, AZ.
 2012 Fall DCE 350 Classroom Learning Through Movement, Arizona State University, Tempe, AZ.
 DAH 210 History of Ballet and Modern Dance, Scottsdale Community College, Scottsdale, AZ.
 DAN 293 Teaching Dance in Elementary Education, Scottsdale Community College, Scottsdale, AZ.
 2012 Spring Supervisor of Dance Student Teachers for Mary Lou Fulton College of Teacher Education and Leadership, Arizona State University, Tempe, AZ.
 DCE 234 Post Modern Contemporary II, Arizona State University, Tempe, AZ.
 DCE 354 Creative Practices, Arizona State University, Tempe, AZ.
 2011 Fall Supervisor of Dance Student Teachers for Mary Lou Fulton College of Teacher Education and Leadership, Arizona State University, Tempe, AZ.

DCE 118 Pilates/Yoga, Arizona State University, Tempe, AZ.
 DCE 350 Dance for the Classroom Teacher, Arizona State University, Tempe, AZ.
 DAH 210 History of Ballet and Modern Dance, Scottsdale Community College, Scottsdale, AZ.
 2011 Spring Supervisor of Dance Student Teachers for College of Teacher Education and Leadership, Arizona State University, Tempe, AZ.
 DCE 118 Pilates/Yoga, Arizona State University, Tempe, AZ.
 DCE 354 Creative Practices, Arizona State University, Tempe, AZ.
 2010 Fall Supervisor of Dance and Theatre Student Teachers for College of Teacher Education and Leadership, Arizona State University, Tempe, AZ.
 DCE 118 Pilates/Yoga, Arizona State University, Tempe, AZ.
 DCE 350 Dance for the Classroom Teacher, Arizona State University, Tempe, AZ.
 DAH 210 History of Ballet and Modern Dance, Scottsdale Community College, Scottsdale, AZ.
 DAN 232 AA/ DAN 235 AA Modern Intensive III/IV Scottsdale Community College, Scottsdale, AZ.
 2010 Spring Supervisor of Dance Student Teachers for College of Teacher Education and Leadership, Arizona State University, Tempe, AZ.
 DCE 194 Pilates/Yoga, Arizona State University, Tempe, AZ.
 2009 Fall DCE 350 Dance for the Classroom Teacher, Arizona State University, Tempe, AZ.
 2009 Spring DAN 130 Modern 1 Technique (non-majors), Arizona State University, Tempe, AZ.
 DAN 194 Pilates/Yoga, Arizona State University, Tempe, AZ.
 DAN 234 Modern 2 Technique (majors) Apprenticeship, Arizona State University, Tempe, AZ.

 2008 Fall DAN 311 Dance for the Classroom Teacher, Arizona State University, Tempe, AZ.
 DAN 194 Pilates/Yoga, Arizona State University, Tempe, AZ.
 DAN 134 Modern 1 Technique (majors) Apprenticeship, Arizona State University, Tempe, AZ.
 2008 Spring DAH 101 Introduction to Dance, Arizona State University, Tempe, AZ.
 2007 Fall DAN 311 Dance for the Classroom Teacher, Arizona State University, Tempe, AZ.

Guest Artist Work and Residencies

2020 Spring-February Guest Lecturer for Sociology Course, Glendale Community College, Glendale, AZ.
 Guest Lecturer for BioMedical Ethics Course, Glendale Community College, Glendale, AZ.

Guest Lecturer for Child Development Course, Glendale Community College, Glendale, AZ.

2018 Fall-October April & May Guest Instructor. Guest lecturer. Guest performer. Missouri Valley College, Marshall, MO.

2017 Spring-April Guest Choreographer and Instructor. Raymond Kellis High School. Glendale, AZ.

2016 Spring-April & May Guest Instructor. Glendale Community College, Glendale, AZ.

2015 Spring-March Guest Adjudicator for Division of Fine Arts (including Art, Dance, Music and Theatre). Missouri Valley College, Marshall, MO.

2014 Spring-January Guest Choreographer and Instructor. Missouri Valley College, Marshall, MO.

2014 Spring-March Guest Adjudicator for Division of Fine Arts (including Art, Dance, Music and Theatre). Missouri Valley College, Marshall, MO.

Community Teaching

2011 Spring Pre-Ballet, Mesa Arts Center, Mesa, AZ.

Ballet Basics, Mesa Arts Center, Mesa, AZ.

2010 Summer Summer Arts Camp, Mesa Arts Center, Mesa, AZ.

2010 Spring Off Center Dance Company, Mesa Arts Center Mesa, AZ.

Mommy and Me, Sing Dance and Play, Mesa Arts Center, Mesa, AZ.

Ballet Basics, Mesa Arts Center, Mesa, AZ.

Teen Yoga, Mesa Arts Center, Mesa, AZ.

2009 Fall Children's Creative Dance, Mesa Arts Center Mesa, AZ.

Beginning Dance/Jazz, Mesa Arts Center Mesa, AZ.

Ballet Basics, Mesa Arts Center Mesa, AZ.

Master Classes 2005-Present

2013 Arizona State University DAH 201 Dance and World Cultures, Master Class in Hula Technique, Tempe, AZ.

2010 Arizona State University DCE 194 Master Class in Jazz Technique, Tempe, AZ.

Arizona State University DAN 130 Raqs Sharqi, Guest Lecturer in the history and culture of Raqs Sharqi, Tempe, AZ.

2009 Arizona State University Master Class in Contemporary Ballet at School of Dance High School Experience, Tempe, AZ.

Arizona State University DCE 234 Master Class in Intermediate Contemporary Modern Dance Technique.

Arizona State University DAN 130 Raqs Sharqi, Master Class in Jazz Technique, Tempe, AZ.

Arizona State University DAN 130 Raqs Sharqi, Master Class in Hula Technique, Tempe, AZ.

Arizona State University DAN 130 Raqs Sharqi, Master Class in Musical Theatre Technique, Tempe, AZ.

Arizona State University DAN 130 Raqs Sharqi, Guest Lecturer in the history and culture of Raqs Sharqi, Tempe, AZ.

Scottsdale Community College DAN 232AA Modern Dance III: Intensive, Master Class
in Advanced Contemporary Modern Dance Technique, Scottsdale, AZ.

Mesa Arts Center Master Class in Ballet Technique, Mesa, AZ.

Mesa Arts Center Master Class in Jazz Technique, Mesa, AZ.

Mesa Arts Center Master Class in Yoga Technique, Mesa, AZ.

Festivals

2020 Organized, presented and taught at Virtual Regional daCi Day of Dance, Phoenix, AZ.

2019 Organized, presented and taught at Regional daCi Day of Dance, Phoenix, AZ.

2018 Organized, presented and taught at Regional daCi Day of Dance, Phoenix, AZ.

2017 Organized, presented and taught at Regional daCi Day of Dance, Phoenix, AZ.

2016 Organized, presented and taught at Regional daCi Day of Dance, Phoenix, AZ.

2015 Organized, presented and taught at Regional daCi Day of Dance, Phoenix, AZ.

2014 Organized, presented and taught at Regional daCi Day of Dance, Phoenix, AZ.

2012 Organized, presented and taught at Regional daCi Day of Dance, Phoenix, AZ (first daCi Day of Dance ever held in Arizona).

Curriculum Development

2013 Helped Develop curriculum for Scottsdale Community College to initiate pedagogy track. Specific course developed-DAN 293. Teaching Dance in Elementary Education.

2009-2012 Development of curriculum for Arizona High School dance programs as part of Arizona Dance Educators Action Research Initiative led by Becky Dyer (Arizona State University) and Lynn Monson (Arizona Dance Educators Organization).

2007 Development of curriculum for DAN 350 Dance for the Classroom Teacher (later became Classroom Learning Through Movement), a course for Arizona State University Department of Dance implemented Fall semester 2007.

Teaching Interests

Theory:

Dance Pedagogy for Dance Majors

Dance Pedagogy for Elementary and Secondary Education Majors

Dance and Community Interchange

Dance History

Introduction to Dance

Dance and World Cultures

Dance and Ethics

Dance and Technology/Dance for the Camera/Dance and Film

Music for Dancers/Rhythmic Theory

Studio:

Modern Technique (all levels)

Jazz Technique (all levels)

Pilates/Yoga (all levels)

Conditioning for Dancers

Somatics

Cardio Kickboxing

Ballet Technique (beginning and intermediate levels)

Tap Technique (beginning level)

Clogging Technique (beginning level)

Musical Theatre

Creative Activity and Research

Research

2019 Telling Your Story Through Dance. Research presented at American College Dance Association.

2012 Tips for Constructivist Teaching. Research presented at American College Dance Association.

2011 Finding Common Ground Through the Roadmap of Life. Research presented at National Dance Educators Organization Conference.

2011 Assisted in research funded by National Science Foundation in connection with Liz Lerman Dance Exchange's *The Matter of Origins*.

2010 Worked on photosynthesis project funded by Texas A&M Department of Wildlife and Fisheries Sciences, College of Agriculture and Life Sciences.

2008-2009 Dancing Across Generations: A Movement Study on the Teacher/Student Relationship in an Intergenerational Cast of Dancers. Culminating bound document presented in partial fulfillment of the requirement for a Master of Fine Arts Degree from Arizona State University.

2007 Acting liaison between the Liz Lerman Dance Exchange, Arizona State University, and several High Schools in the greater Phoenix area in connection with the Dance Exchange residency and their *Ferocious Beauty Genome Project*.

Research Interests

Dance and Pregnancy

Dance and Birth

Dance as Worship

Dance as Goddess Worship

Dance as a Means of Storytelling

Dancing Family History

How Dance Effects Familial Relationships

Dance as a Means of Healing Trauma

Dance as a Therapy

Dance and Stroke Rehabilitation
Progressive Dance Pedagogical Methods
Dance as a Means for Social Change
Community Interchange
Dance Education

Dance Company Direction

2015-Present Founding Director of SM²Dance, Phoenix, AZ.

2009-Present Founding Director of C3 Dance, Phoenix, AZ.

2010 Director of Off Center Jr. Dance Company, Mesa Arts Center's
resident company, Mesa, AZ.

Performances

2020 *Scorpio's Son* Sara Jean Malan-McDonald, Choreographer, Summerlin Library, Dance in the Desert Virtual Concert, Las Vegas, NV.

2020 *Sun and Moon in Capricorn* Sara Jean Malan-McDonald, Choreographer, Wight Noise Dance Studio, Peoria, AZ

2020 *BIRTH!* Sara Jean Malan-McDonald and Jodi James, Choreographers, Glendale Community College, Glendale, AZ.

2019 *Sun and Moon in Capricorn* Sara Jean Malan-McDonald, Choreographer, Summerlin Library, Dance in the Desert, Las Vegas, NV.

2019 *Cue for the Loo* Sara Jean Malan-McDonald, Choreographer, Glendale Community College, Glendale, AZ.

2019 *BIRTH!* Excerpts Sara Jean Malan-McDonald, Choreographer, Desert Song Healing Arts Center, Phoenix, AZ.

2018 *BIRTH!* Sara Jean Malan-McDonald and Jodi James, Choreographers, Missouri Valley College, Marshall, MO.

2018 *Goddess Rising* Sara Jean Malan-McDonald, Choreographer, Site Specific, Gilbert, AZ.

2017 *Goddess Rising* Excerpt Sara Jean Malan-McDonald, Choreographer, Mesa Arts Center, Mesa, AZ.

2017 *BIRTH!* Sara Jean Malan-McDonald and Jodi James, Choreographers, Sugar Space Warehouse, Salt Lake City, UT.

2016 *BIRTH!* Excerpts Sara Jean Malan-McDonald, Choreographer, Arizona State University, Phoenix, AZ.

2016 *BIRTH!* Sara Jean Malan-McDonald and Jodi James, Choreographers, Phoenix Center for the Arts, Phoenix, AZ.

2012 *Ain't Over 'Til the Fat Lady Sings* A. Ludwig Dance, Choreographer, Tempe Center for the Arts, Tempe AZ.

2012 *Constitution* Babs Casse, Mary Fitzgerald, Kelly Roth, Karen Schupp, Choreographers, Tempe Center for the Arts, Tempe, AZ.

2011 *The Matter of Origins* Liz Lerman Dance Exchange, Choreographer, Gammage Auditorium, Tempe, AZ.

2010 *Mignone Waltz* Sara Malan-McDonald, Choreographer, Phoenix Art Museum, Phoenix, AZ.

2010 *Mignone Waltz* Sara Malan-McDonald, Choreographer, Arizona State University, Tempe, AZ.

2009 *A Place of Crossing* Mary Fitzgerald, Choreographer, Tempe Marketplace Night Gallery, Tempe AZ.

2008 *A Place of Crossing* Mary Fitzgerald, Choreographer, Physical Education East Theatre, Tempe, AZ.

Wonderland Kristin Tovson, Choreographer, University of Utah, Salt Lake City, UT.

No More Broken Windows Janie Ross, Choreographer, Physical Education East Theatre, Tempe, AZ.

2007 *Wonderland* Kristin Tovson, Choreographer, Tempe Center for the Arts, Tempe, AZ.

The Weight Light Mary Fitzgerald, Choreographer, Galvin Theatre, Tempe, AZ.

Not Yet Emily Wright, Choreographer, Physical Education East Theatre, Tempe, AZ.

No Elina Mooney, Choreographer, Galvin Theatre, Tempe, AZ.

Wonderland Kristin Tovson, Choreographer, Galvin Theatre, Tempe, AZ.

Choreographic Compositions

2020 *Scorpio's Sun* (Ten minute excerpt of evening-length work composed of five dancers) Music composed specifically for this work. Summerlin Library, Las Vegas, NV.

2019 *Sun and Moon in Capricorn* (Ten minute excerpt of evening-length work composed of five dancers) Music Soulmerge by Ashana with Thomas Barquee. Summerlin Library. Las Vegas, NV.

2019 *Cue for the Loo* (8 minute dance work composed of four dancers) Music composed specifically for this work. Glendale Community College, Glendale AZ.

2019 *H2O Kickline* (3 minute dance work composed of ten dancers) Music The Periodic Table Song by AsapScience. Glendale Community College, Glendale AZ.

2018 *Goddess Rising* (Evening-length work composed of five dancers) Music Yellow Fever Psalm-Jocelyn Pook, Crystal Singing Bowls-Creative Commons, Mountain Wind-Pro Sound Effects Library, Look After Yourself-Last Days, Dionysus-Jocelyn Pook, Mrs. Dalloway, in the Garden-Max Richter, Mrs. Dalloway, in the Garden (Piano Reduction)-Max Richter, Hell, Fire and Damnation-Jocelyn Pook, Threads Across the River-Richard Skelton, La Cueva-mixed by Gina Gurek. Site Specific Dance Performance. Gilbert, AZ.

2017 *I Feel Strong When _____*. (5 + minute work composed of 30 + advanced high school dancers). Music "Optimist" Composer: Zoe Keating. Raymond Kellis High School. Glendale, AZ.

2016 *BIRTH!* (Evening-length work composed of eleven dancers) Music “BIRTH!,” “De Profundis,” “Ambient Hospital Sounds,” “Ambient Crowd Cheering,” “Mountain Wind,” “Water from the Same Source,” “Baby Cry,” “NY Snow Globe,” “Silent All These Years,” “Hello Night,” “Infra 5,” “Eternal Flowers Question Stars.” Composers: Meghan Harvey, Max Richter, Pro Sound Effects, Rachel’s, Tori Amos, Zoe Keating. Phoenix Center for the Arts, Phoenix, AZ.

2014 *Falling Up* (10 + min septet) Music “Circus Music,” “High School Lover,” “Giselle: Valse (Act I),” “Brand New Key,” “Fern.” Composers: The Hit Crew, Air, Adolphe Adam performed by Robert Irving, Melanie Safka, Zoe Keating, Missouri Valley College, Marshall, MO.

2010 *Come Away With Me* (9 min duet) Music “A Andorinha Da Primavera” and “Guitarra,” Composer: Madredeus, Mesa Arts Center, Mesa, AZ.

2010 *Come Away With Me* (9 min duet) Music “A Andorinha Da Primavera” and “Guitarra,” Composer: Madredeus, Arizona State University, Tempe, AZ.

2010 *Come Away With Me* (9 min duet) Music “A Andorinha Da Primavera” and “Guitarra,” Composer: Madredeus, Phoenix Art Museum, Phoenix, AZ.

2009 *Push Pull* (10 min septet) Music “Cypress Branches” and “Air Conditioning / A Closed Feeling,” Composer: Rachel’s, Tempe Marketplace Night Gallery, Tempe, AZ.

2008 *Push Pull* (10 min septet) Music “Cypress Branches” and “Air Conditioning / A Closed Feeling,” Composer: Rachel’s, “Emerging Artists I” MFA Concert, ASU, Tempe, AZ.

2007 *Youth Arts Night*, evening length work of dance and poetry, Music “Moscow is in the Telephone” and “Vogt Dig for Kloppervok,”

Composers: Rachel’s and The Books, Youth Arts Night, Tempe, AZ.

Crackers in Bed (5.5 min quartet), Music “Quartet No. 4,” Composer: Sofia Gubaidulina, performed by the Kronos Quartet, Spring Graduate Concert, Tempe, AZ.

Service

Non-Profit Organizations

2009-Present Founding Director of C3 Dance (Creative Community Collective), working primarily with underserved and displaced populations, Phoenix, AZ.

Community Service

2009-2013 Teach Creative Movement Classes to Foster care youth ages 2-17 at Arizonans for Children (AFC) Phoenix, AZ.

2010-2012 Teach Creative Movement Classes Youth, ages 4-8th grade, at Phoenix Collegiate Academy Phoenix, AZ.

2010 Teach Creative Movement Classes to Boys and Girls Club Youth ages 8-17 at Boys and Girls Club Phoenix, AZ.

2008-2010 Teach Creative Movement Classes to at-risk teens at Youth Development Institute (YDI) Phoenix, AZ.

Dance Service

2011 Member of adjudication panel for Artist of Promise at Scottsdale Community College.

2009 Member of adjudication panel for Graduate Dance Concert at Arizona State University.

2009 Member of adjudication panel for Undergraduate Dance Concert at Arizona State University .

2007 Acting liaison between School of Dance, the Liz Lerman Dance Exchange and Phoenix area high schools and teens at Arizona State University .

Professional Service

2019-Present Board of directors of Dance and the Child International (daCi)

2011-Present Member of Dance and the Child International (daCi)

2009-Present Member of National Dance Educator's Organization (NDEO).

2009-Present Member of Arizona Dance Educator's Organization (AzDEO).

2006-07 Member of National Dance Educator's Organization (NDEO).

2006-07 Member of Arizona Dance Educator's Organization (AzDEO).

Professional Development

2020 Attended American College Dance Festival Association (ACDA) conference, Scottsdale, AZ.

2019 Attended American College Dance Festival Association (ACDA) conference, San Jose, CA.

2012 Attended American College Dance Festival Association (ACDA) conference, Modesto, CA.

2011 Attended Regional daCi Day of Dance, Provo, UT.

2011 Attended National Dance Educator's Organization (NDEO) conference, Minneapolis, MN.

2011 Attended American College Dance Festival Association (ACDA) conference, Long Beach CA.

2010 Attended National Dance Educator's Organization (NDEO) conference, Phoenix, AZ.

2008 Member of Preparing Future Faculty (PFF), Tempe, AZ.

Attended American College Dance Festival Association (ACDA) conference, Salt Lake City, UT.

Attended workshop with Liz Lerman Dance Exchange, Arizona State University, Tempe, AZ.

2007 Attended 'Generating Dances' workshop with Liz Lerman Dance Exchange, Tacoma Park, MD.